An instruction sheet (IS) for Skin Prick test (SPT) was formulated by Multi-Disciplinary Team

Maggie Lit, BN MN, RPSGT, FHKAN (Respiratory)  
Nurse Consultant (Respiratory)  
Respiratory Division, Dept of Medicine  
Queen Elizabeth Hospital
Skin Prick Test

- an essential test procedure to confirm sensitization in IgE-mediated allergic disease in patients with asthma, rhinoconjunctivitis, urticaria, atopic eczema and food or drug allergy.
Methodology

Instruction sheet (IS) formulation according international guidelines with multi-disciplinary & cross-departmental collaboration

The instruction sheet will be automatically print out after SPT request was made through CMS system.
Methodology

The instruction sheet serves 3 purposes

- Checklist reminder for doctors & Nurses
- Improve test accuracy & prevent unnecessary adjournment of the scheduled appt
- Patient education
Result

542 patients was monitored and educated with the IS by the doctors and nurses

All patients, nurses and doctors appreciated it as a safety reminder for them

In Department of Medicine

↓ Unnecessary appointment adjournment

36 episodes (2013) → 2 episodes (2017)
Conclusion

The formulation of the Instruction Sheet with multi-disciplinary & cross departmental collaboration

- Facilitates international standardization
- Enhances accuracy of the SPT procedures
- Demonstrates the treatment effectives and efficiency